

# Beautiful Eastern Association of Snowmobile Trails



## *Safe Operating Procedures*

### **SOP - 5: WORKING ALONE**

Working alone has its inherent risks at the best of times, especially if the worker loses consciousness for any reason. All workers, contractors and volunteers who enter into agreement to perform work alone for the BEAST must conduct such work in accordance with the Occupational Health and Safety Act. In particular, no worker shall be alone when using power and mechanized tools or when climbing a ladder.

The problem is compounded by the conditions, for example, at night in remote areas in wintertime.

It is expected that each Groomer operator provides their own cell phone to be used in the groomer for use in case of emergencies. At the same time, each Trail Director will maintain an emergency call list of people on-call to lend assistance, when required. This does not address a situation where the operator may have lost consciousness or access to a working phone.

#### **Communications and the Lone Worker**

BEAST groomer operators work alone in potentially dangerous situations (overnight in the winter).

Groomer operators are to report in on a regular basis via e-mail, text, or voice with their Trail Director.